

The background is a vibrant collage of abstract elements. It features several large, overlapping organic shapes in soft pastel colors: light pink, sage green, peach, and light grey. Interspersed among these are watercolor-style illustrations of leaves in earthy tones like brown, tan, and muted green. Some of the shapes are decorated with patterns of small dark blue dots or green leaf-like motifs. A thin, dark brown line curves across the composition. The overall aesthetic is modern, artistic, and calming.

# New Year Workbook 2022

BY FAITH EVANS-SILLS

# Looking Back

A T 2021 . . .

What was good  
this year, what do  
you want to  
celebrate?

What lessons did  
you learn?

What are you grateful  
for?

What were your  
biggest challenges?

What are the  
things you want to  
remember?

What were your  
biggest areas of  
growth?

2021 Reflections:

# Looking Forward

T O 2 0 2 2 . . .

What habits  
nourish you, how  
can you make them  
a priority?

What do you  
want to let go of?

How do you intend to  
take care of yourself,  
body & soul?

What practices do you  
want to cultivate?

In what areas do  
you want to  
grow?

Where will you  
direct your  
attention? What we  
focus on flourishes.

2022 Intentions:

# Big Goals & Dreams

2022 MONTHLY  
PLANNER

January

February

March

April

May

June

Goals. Dreams & Vision for the first 6 months of  
2022:

# Big Goals & Dreams

## 2022 MONTHLY P L A N N E R

July

August


September

October

November

December

Goals, Dreams & Vision for the second 6 months  
of 2022:



All you need to  
know is that the  
future is wide  
open and you  
are about to  
create it by  
what you do.

- P E M A C H O D R O N

Looking for more inspiration on your creative journey?  
Visit [www.faithevanssills.com](http://www.faithevanssills.com) for my classes, retreats  
and creative offerings. More magic, more inspiration.

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Happy New Year!