

Granola

Ingredients:

Old-Fashioned rolled oats

raw sunflower seeds, unsweetened flaked coconut, sliced raw almonds, raw brown sesame seeds, butter, light brown sugar, honey, salt, vanilla, baking soda

Serving Size: 1/4 cup

Calories: 104kcal Carbohydrates: 13 g Sugar: 5 g Protein: 2 g Sodium: 64 mg Contains: Milk, Wheat, Nuts

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